



# Soccer Camp Check List

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## ***Soccer Necessities for All Campers:***

Soccer shoes: Make sure to break in your soccer shoes before camp.

Tennis or Basketball shoes: Broken-in for gymnasium, racket ball court, or "Soccer Tennis"

Soccer Ball: Make sure to mark your ball with your name and telephone number.

Shin guards: Shin and ankle protection is a must.

Water bottle: Keep hydrated, prevent dehydration.

Alarm clock: Players will be woken up every morning, but that can always help.

Equipment bag

Soccer Shorts: Maybe two per day

Soccer jersey or t-shirts for play. Maybe two per day.

Soccer socks. Maybe two per day.

Sunscreen or sun protection, such as a suntan skin lotion, lip protection, and hat.

## ***Overnight Camp Necessities:***

Snack Money: Can be deposited in the "camp bank."

Pillow and linens. Overnight campers must supply pillow and linens (top & bottom sheets)

Towels: Overnight campers, especially, must bring bath towels.

Toiletries: Toothpaste, toothbrush, etc.

Sandals for shower and after soccer

Casual clothes for after a day of soccer

Rain gear for getting around in the event of rain

## ***Optional Items / Suggestions***

Telephone (land-line), plug into room outlets to make and receive local calls.

Mobile phone / cellular telephone for convenient long-distance calling.

Souvenir Money: Deposit in the "camp bank" For jerseys, equipment, accessories, etc.

Air pump for proper ball inflation

## ***Items Available At Camp Store, beginning at check-in***

Soccer backpack for equipment with logo

Soccer ball, size 4 (U12 and younger) or size 5 with logo

Soccer jersey the Kappa "Nation" jersey in white with large camp logo.

Soccer jersey "Tampa Bay Mutiny" pro Kappa jersey in light darkblue with small camp logo